

# Butterfly Gardening

## Plants to Attract Butterflies

Achillea 'Yarrow'  
Asclepias 'Butterfly Weed'  
Buddleia 'Butterfly Bush'  
Caryopteris 'Blue Mist Shrub'  
Clethra  
Coreopsis 'Tickweed'  
Cosmos  
Dame's Rocket  
Dianthus  
Dogwood (shrubs)  
Echinacea 'Coneflower'  
Echinops 'Globe Thistle'  
Goldenrod  
Hibiscus (Hardy or Tropical)  
Iberis 'Candytuft'  
Jo-Pye Weed  
Kolkwitzia 'Beauty Bush'  
Larkspur  
Lavender  
Liatris 'Gay Feather'  
Ligustrum 'Privet'  
Lilac  
Lilium 'Lily'  
Lonicera 'Honeysuckle' (shrub or vine)  
Lupine  
Marigold  
Milkweed  
Monarda 'Bee Balm'  
Myosotis 'Forget-Me-Not'  
Nasturtium  
Nepeta 'Cat Mint'  
New England Aster  
Ox-eye Daisy  
Parsley  
Pearly Everlasting  
Philadelphus 'Mock Orange'  
Phlox  
Potentilla  
Prunus (Plum, Almond, Cherry)  
Queen Anne's Lace  
Red Clover  
Rhododendron  
Rose (all varieties)  
Rudbeckia 'Black-eyed Susan'  
Rue



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Scabiosa 'Pincushion Flower'  
Sedum 'Stonecrop'  
Staghorn Sumac  
Viburnum (any of the fragrant varieties)  
Violets  
Zinnia

## Hints, Tips & Reminders

You must also plant what caterpillars (larval forms) will eat. Choose host plants for the butterflies in this area. (Asclepias 'Milkweed' for monarchs. Butterflies sip. Caterpillars chew.

Red is a favored color.

Plant in large groups, not singly. Plant same or similar colors in the group.

Plant in full sun.

Garden should be out of the path of the west wind, or somehow protected from the west wind.

Plan to achieve full-season flowering.

Do not use a herbicide, pesticide, or any chemical lawn applications in the proximity.

Incorporate rocks and brick, flat stone or gravel paths. Butterflies like to bask on warm stone in the early morning sun.

Develop a mud puddle in a sunny spot of the garden.

Add a serving of soft, mushy fruit. They love it! Particularly juicy fruits like watermelon and mushy banana.

Keep a shallow dish of sugar water (1:4) in the garden. Put a scrumgee pad in the center so butterflies can land on it and slurp.



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## **Butterflies Sip. Caterpillars Eat.**

### **Swallowtail**

Phlox  
Honeysuckle  
Fennel  
Carrots

### **Monarch**

Clover  
Thistle  
Milkweed  
Goldenrod  
Coneflower

### **Red Admiral**

Juice from rotting fruit  
Thistle  
Milkweed  
Dandelion  
Red clover  
Daisies  
Aster  
Butterfly bush  
Coneflower

### **Cabbage Butterfly**

Cabbage  
Mustard  
Red clover  
Dandelion  
Aster  
Lantana

### **Buckeye**

Mud puddles  
Aster  
Sunflower  
Peppermint  
Knapweed  
Milkweed  
Snapdragons



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## **Painted Lady**

Thistle  
Zinnia  
Cosmos  
Heliotrope  
Butterfly bush  
Mint  
Red Clover  
Milkweed

## **Skipper**

Locust  
Iris  
Zinnia  
Honeysuckle  
Clover  
Thistle  
Grasses

## **Checkerspot**

Honeysuckle



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